



Rapla Maakonna ja Rapla SVK 2024.a jõutõstmise meistrivõistlused
Märjamaa Valli spordihoonet
19.10.2024

✓ Good
✗ NoLift



Gr.	Lot	Perekonnanimi	Eesnimi	Klubi	Sünniaasta	Võistlus	Kehakaal	Kaal	SQ-1	SQ-2	SQ-3	Parim SQ	BP-1	BP-2	BP-3	Parim BP	DL-1	DL-2	DL-3	Parim DL	TOTAL	IPF GL Pts.	IPF GL Coeff.
Mehed -66 kg																							
1	1	Põhjakas	Henry	Rapla RJ SK	2010	M-EQ-PL	61.20	66	✓ 60.0	✓ 67.5	✓ 70.0	70.0	✓ 50.0	✗ 52.5	✓ 52.5	52.5	✓ 75.0	✓ 87.5	✓ 100.0	100.0	222.5	31.500000	0.141569
Mehed -74 kg																							
1	2	Kaidla	Aron	Rapla RJ SK	2010	M-EQ-PL	70.80	74	✓ 40.0	✓ 47.5	✓ 52.5	52.5	✓ 32.5	✗ 40.0	✗ 40.0	32.5	✓ 55.0	✓ 65.0	✓ 70.0	70.0	155.0	19.777070	0.127594
2	1	Prey	Aron	Rapla RJ SK	2008	M-EQ-PL	71.60	74	✓ 145.0	✓ 152.5	✓ 160.0	160.0	✓ 80.0	✓ 82.5	✗ 85.0	82.5	✓ 175.0	✓ 185.0	✓ 200.0	200.0	442.5	56.037758	0.126639
Mehed -83 kg																							
1	4	Smirnov	Anthony	Rapla RJ SK	2011	M-EQ-PL	79.10	83	✓ 65.0	✓ 75.0	✓ 85.0	85.0	✓ 47.5	✓ 55.0	✗ 57.5	55.0	✓ 75.0	✓ 87.5	✓ 100.0	100.0	240.0	28.522080	0.118842
2	3	Liivat	Armin	Rapla RJ SK	1971	M-EQ-PL	77.30	83	✓ 140.0	✓ 150.0	✓ 160.0	160.0	✓ 85.0	✓ 95.0	✗ 100.0	95.0	✓ 160.0	✓ 180.0	✗ 182.5	180.0	435.0	52.435335	0.120541
3	2	Oberg	Marten	Rapla RJ SK	2004	M-EQ-PL	82.50	83	✓ 137.5	✓ 147.5	✓ 160.0	160.0	✓ 100.0	✓ 107.5	✗ 112.5	107.5	✗ 155.0	✓ 155.0	✓ 170.0	170.0	437.5	50.700125	0.115886
4	1	Männisalu	Tanel	Rapla RJ SK	1999	M-EQ-PL	82.90	83	✓ 190.0	✓ 200.0	✓ 205.0	205.0	✓ 130.0	✓ 135.0	✗ 137.5	135.0	✓ 210.0	✗ 230.0	✓ 240.0	240.0	580.0	67.024220	0.115559
Mehed -93kg																							
1	1	Heinroos	Tarvo	Rapla RJ SK	1996	M-EQ-PL	83.20	93	✓ 190.0	✓ 200.0	✗ 210.0	200.0	✓ 140.0	✓ 147.5	✓ 152.5	152.5	✓ 205.0	✓ 220.0	✗ 242.5	220.0	572.5	66.017838	0.115315
2	2	Sale	Oliver	Märjamaa Power	2008	M-EQ-PL	84.10	93	✓ 160.0	✓ 180.0	✓ 200.0	200.0	✓ 110.0	✓ 120.0	✓ 122.5	122.5	✓ 180.0	✓ 190.0	✓ 200.0	200.0	522.5	59.877978	0.114599
3	3	Paeste	Raul	Järvakandi	1970	M-EQ-PL	92.30	93	✗ 120.0	✗ 120.0	✓ 120.0	120.0	✗ 95.0	✓ 100.0	✓ 105.0	105.0	✓ 150.0	✓ 160.0	✓ 170.0	170.0	395.0	43.006415	0.108877
Mehed -105kg																							
1	1	Paisu	Lauri	Märjamaa Power	2009	M-EQ-PL	93.30	105	✓ 155.0	✗ 162.5	✗ -	155.0	✗ 125.0	✗ 130.0	✗ -	0.0	✗ -	✗ -	✗ -	0.0	DSQ		0.108266
2	2	Rüütma	Jan Raien	Rapla RJ SK	2006	M-EQ-PL	95.30	105	✓ 120.0	✓ 127.5	✓ 130.0	130.0	✓ 90.0	✓ 100.0	✗ 102.5	100.0	✓ 160.0	✓ 170.0	✗ 185.0	170.0	400.0	42.837600	0.107094
3	1	Osijärv	Märten	Rapla RJ SK	1984	M-EQ-PL	103.40	105	✓ 200.0	✓ 215.0	✓ 230.0	230.0	✓ 140.0	✓ 145.0	✓ 150.0	150.0	✓ 200.0	✓ 215.0	✓ 220.0	220.0	600.0	61.761600	0.102936
Mehed -120kg																							
1	1	Aedla	Karl Aleksander	Rapla RJ SK	2006	M-EQ-PL	106.40	120	✓ 200.0	✓ 215.0	✓ 230.0	230.0	✓ 140.0	✓ 147.5	✓ 153.0	153.0	✓ 210.0	✓ 230.0	✓ 252.5	252.5	635.5	64.569342	0.101604
2	2	Valter	Karel	Rapla RJ SK	2008	M-EQ-PL	113.90	120	✓ 122.0	✓ 127.5	✓ 132.5	132.5	✓ 80.0	✓ 85.0	✓ 87.5	87.5	✓ 135.0	✓ 142.5	✓ 150.0	150.0	370.0	36.509010	0.098673
Naised																							
Naised -57kg																							
1	1	Kalbus	Emilia	Märjamaa Power	2007	F-EQ-PL	52.40	57	✓ 67.5	✓ 75.0	✓ 77.5	77.5	✓ 32.5	✗ 37.5	✗ 37.5	32.5	✓ 80.0	✓ 85.0	✓ 92.5	92.5	202.5	41.023463	0.202585
2	2	Gross	Mariliis	Rapla RJ SK	1980	F-EQ-PL	55.30	57	✓ 50.0	✓ 57.5	✓ 62.5	62.5	✓ 32.5	✓ 37.5	✗ 40.0	37.5	✓ 70.0	✓ 80.0	✗ 87.5	80.0	180.0	35.177580	0.195431
Naised -63kg																							
1	1	Sõõrumaa	Gerda	Rapla RJ SK	2000	F-EQ-PL	59.50	63	✓ 90.0	✓ 95.0	✓ 100.0	100.0	✓ 47.5	✗ 52.5	✗ 52.5	47.5	✓ 105.0	✓ 112.5	✓ 117.5	117.5	265.0	49.468345	0.186673
Naised -69kg																							
1	1	Pirs	Celyn	Märjamaa Power	2003	F-EQ-PL	64.50	69	✓ 95.0	✓ 97.5	✓ 100.0	100.0	✓ 40.0	✓ 42.5	✗ 45.0	42.5	✓ 115.0	✓ 122.5	✓ 127.5	127.5	270.0	48.106710	0.178173
Naised -76kg																							
1	2	Tiits	Marie Eliise	Märjamaa Power	2010	F-EQ-PL	70.40	76	✓ 85.0	✗ 90.0	✗ 90.0	85.0	✓ 37.5	✓ 40.0	✗ 42.5	40.0	✓ 100.0	✓ 105.0	✗ 110.0	105.0	230.0	39.137720	0.170164
2	1	Linna	Betti	Märjamaa Power	2010	F-EQ-PL	70.80	76	✓ 95.0	✓ 100.0	✗ 102.5	100.0	✓ 40.0	✓ 42.5	✓ 45.0	45.0	✓ 90.0	✗ 95.0	✗ 95.0	90.0	235.0	39.876210	0.169686

Noored 2005-2010

Juuniorid 2005-2001

Avatud 2000 ja vanemad

Master 1 1975-1984

Master 2 1965-1974

Masters 3 1955-1964

Parim noor

Karl Aleksander Aedla 64,569 IPF*GL
Oliver Sale 59,878 IPF*GL
Aron Prey 56,038 IPF*GL

Parim noor naine

Emilia Kalbus 41,02 IPF*GL
Betti Linna 39,87 IPF*GL
Marie Eliise Tiits 29,45 IPF*GL

Parim mees

Tanel Männisalu 67,024 IPF*GL
Tarvo Heinroos 66,018 IPF*GL
Märten Osijärv 61,762 IPF*GL

Parim naine

Gerda Sõõrumaa 49,468 IPF*GL
Celyn Pirs 48,107 IPF*GL
Mariliis Gross 35,178 IPF*GL

Master 1 naised

Mariliis Gross 35,178 IPF*GL

Master 1 mees

Märten Osijärv 61,762 IPF*GL

Master 2 mees

Armin Liivat 52,435 IPF*GL
Raul Paeste 41,918 IPF*GL

Assistendid

Sader Jökk
Märt Õiglas
Aleksander Kurušev

Kohtunikud

Ants Torri
Ivo Kiisk
Ketter Linna

Sekretär

Gerli Kiisk
Kalev-Markus Linna

